



The Valley Messenger

A publication of San Ramon Valley United Methodist Church. Open Hearts. Open Minds. Open Doors.

MARCH 2016

A Parsonal Point of View ~

The FROG Solution for Being TIRED

Jesus says, "Come to me, all you who are weary and burdened, and I will give you rest"
— Matthew 11:28

Have you ever sat on the edge of the bed on a Monday morning and felt like you were trying to wake up from a coma? Have you ever fantasized at three o'clock in the afternoon about pulling the covers over your head and packing it in for the rest of the day? Do you ever find yourself having trouble keeping your eyes open after lunch, or relying on an extra cup of coffee here and there just to get through the day?

Chances are, you may be suffering from a syndrome I like to call *The Irrepressible Recurring Energy Deficit*. The cunning acronym for this insidious array of symptoms spells out, as you may have guessed, TIRED! TIRED affects negatively on the quality of life. You cannot be productive and effective if you are too TIRED regardless of how skillful and willful you are in life.

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Next Issue: April 2016

Have something you'd like included in next month's Messenger? Please submit your articles to: Lisa Jancarik
newsletter@srvumc.org *by March 15, 2016.*

TIRED is as the red idiot light on the dashboard of my car, telling me that the engine is overheated. Of course, you can choose to ignore it, but then the engine wears down. Unfortunately, mechanics and new cars are expensive! TIRED happens for a number of reasons. One of the common reasons for it is restlessness.

Contemporary culture is plagued by the passion to possess. The unreasoned boast abounds that the good life is found in accumulation: "more is better." Indeed, we often accept this notion without question, with the result that the lust for affluence in contemporary society has become psychotic: it has completely lost touch with reality. Furthermore, the pace of the modern world accentuates our sense of being fractured and fragmented. We feel strained, hurried, breathless, busy. The complexity of rushing to achieve and accumulate more and more frequently threatens to overwhelm us; it seems there is no escape from the rat race — restlessness, TIRED!

Probably the easiest solution for TIRED is to get more sleep. If I get little sophisticated, then I would say that Christian simplicity frees us from this modern TIRED. It brings sanity to our compulsive extravagance and peace to our frantic spirit. It liberates us from what William Penn called "cumber." It allows us to see material things for what they are — goods to enhance life, not to oppress life. People once again become more important than possessions. Simplicity enables us to live lives

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Music Director

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of integrity in the face of the TIRED realities of our global village.

Although we can name many reasons and solutions for TIRED, I would say that the ultimate reason and solution is "us." It is our choice. We have a choice to say "yes or no." We have a choice to allow others or circumstances to control us or not. Our doctor gives us an order to rest, but we have a choice to follow the order or not. Our God commends us to keep the Sabbath day holy which means REST. To this command, we also have a choice to obey or not. *Choose for ourselves for this day (Joshua 24:15)!* During the season of Lent 2016, I pray that by Fully Relying On God all of us make a right choice. The right choice liberates us from TIRED for the journey to grow closer to God through Jesus Christ who promises to give us rest. Ribbit!

~Pastor Sunny

Winter Nights Great Success!

SRVUMC did itself proud this year. We accommodated 31 guests from the Winter Nights program for two weeks. Our meal teams cooked delicious breakfasts, lunches and dinners. Our Child Activity teams did tutoring, held two bingo nights, crafted painted t-shirts, made Valentine's cards, and made a lot of new friends. It was a wonderful two weeks, full of extravagant giving and fellowship.

Danville Congregational Church, under the leadership of Doug Leich, took five days of the shelter. The leaders for SRVUMC were Bob Baker, Coordinator; Judy Baker, Purchasing and Kitchen; Jane Lang, Tutoring and Child Activities; and Jerry Ricker, Overnight Hosts. The SRVUMC volunteers were tireless and too many to list here — well over 100!

There are going to be changes next year. Sue Dowling is taking over the Coordinator role. Bob and Judy, of course, will be helping her with the transition. She needs your support!

Special request: A wonderful man gave Judy \$500 in gift cards for the Winter Nights guests. We didn't get your name. Please let us know who you are so we can thank you.

Winter Nights is a labor of love. We thank all the participants for your extravagant giving of yourselves and for the unparalleled fellowship that we all experienced.

God Bless You All,

Bob and Judy





International Women's Day

Tuesday, March 8 at 7:30 p.m.

First Church of Christ, Scientist Danville

650 Danville Blvd, Danville

Come hear a diverse panel of religious women leaders discuss International Women's Day and the needs of women around the world. There will be a Women's Chorus to open and close the event. *Topic: How has your faith tradition helped frame your ideas of what it means to be a woman?*

- Trinka Wasik, Christian Science Practitioner, Danville
- June Kirk, Interfaith Peace Project, Antioch
- Rabbi Aderet Drucker, B'nai Shalom, Walnut Creek
- Janice Odell, Bahai's of Rossmoor
- Shana Parmley, Church of Jesus Christ of Latter-Day Saints
- Cynthia Sage, Christian Science Church in Pleasant Hill
- Hina Muhktar, San Ramon Valley Islamic Center

Light refreshments provided by the men of the Interfaith Council will be shared afterward.

Afternoon Book Group

Monday, 1 p.m.

Room 202 Wesley Center

March 21: *Orhan's Inheritance* by Aline Ohanesian
(Teresa leading)

April 18: *Whistling Past the Graveyard* by Susan Crandall
(Lee leading)

Christ Care Book Group

March 23, 10 a.m.

Church Library

Not Fade Away by Rebecca Alexander to be reviewed and discussed.

Mary Maaga, PhD, Presents

Saturday, March 12

Gilroy United Methodist Church

7600 Church St.

Gilroy, CA 95020

Twelve lessons to inspire courage in addressing life's challenges. Topics include the necessity of boredom, the enduring power of loss, the need for courageous role models, why anger and tears are good, trusting your gut, learning to say no, and how resentment poisons what we love. As a pastor, Dr. Maaga has worked with people from every walk of life.

9:30 a.m. – Doors open

10 to 11:30 a.m. – Dr. Maaga presentation, part I

11:30 a.m. to 12:30 p.m. – Soup lunch and book sales/signing

12:30 to 2 p.m. – Dr. Maaga presentation, part II

There will be a free-will offering for Dr. Maaga. **Reservations are appreciated to plan the lunch and can be made to gumc.cn@gmail.com or 408-842-4021.**



March Communion Offering



This month we join with the larger United Methodist Church in One Great Hour of Sharing, which most UMC congregations will celebrate on March 6, 2016.

The History of One Great Hour of Sharing

In the post-World War II years, Protestant churches throughout the United States made efforts for relief and reconstruction. To that end, Episcopal Bishop Henry Knox

Sherrill made a nationwide radio appeal in 1946 for Episcopalians to raise “one million dollars in one hour.” The effort was tremendously successful, and by 1949, an ad hoc committee of leaders from several denominations looked to unite the greater Church in humanitarian fundraising on this scale. In 1950, the title “One Great Hour of Sharing” was used for the first time with a stated goal of making the love of Christ real to people around the world suffering from disaster, conflict or similar hardship.

According to the [One Great Hour of Sharing website](http://www.onegreatehourofsharing.org), this ecumenical effort draws together Christians from a range of denominations, including not only the United Methodists and Episcopalians, but also the Presbyterian Church (USA) and American Baptist Churches, among many others. This website reports that annual giving since the 1990s has exceeded \$20 million collectively.

One Great Hour of Sharing and UMCOR

One Great Hour of Sharing has special significance for [United Methodist Committee on Relief \(UMCOR\)](http://www.umcgc.org), which this month’s communion collection will support. This gift largely covers organizational costs for UMCOR, meaning then that UMCOR can promise 100% of collected donations for a specific ministry, like disaster relief, can go directly to the cause for which those moneys were designated. According to www.umcgc.org, United Methodists everywhere gave UMCOR \$2.8 million in the 2015 One Great Hour of Sharing offering.

UMCOR provides humanitarian relief and disaster response domestically and abroad. Although not geared for “first response,” UMCOR settles in for the long haul with communities to help with their long-term recovery with efforts in water and sanitation, hygiene and nutrition, sustainable agriculture and food security.



GIVE TO
ONE GREAT
HOUR OF
SHARING.



Upcoming Mission Opportunities

LOCAL

California Mission Project: We will travel to **Weed, CA** (near Mt. Shasta) to help rebuild from the 2014 Boles Fire, which destroyed half the town and much of the surrounding area. We will carpool to the site on Saturday, June 25, and return on Thursday, June 30. Check the church website or contact **Larry Pasquale, 640-8799** or larry_pasquale@hotmail.com.

Habitat For Humanity Mission Opportunities:

Our next All-Faith build at Muir Ridge in Martinez is scheduled for **Saturday, April 16, 2016**. By this time, we will be most likely putting the finishing touches on the first 10 homes at Muir Ridge. This would include painting, trim work, light finishing. Depending on the weather, the next 10 foundations may be poured and framing could be starting. As with any construction project, you need to be flexible. If you have any, questions or would like to sign up please contact **Burt Rodgers** at joyceburtrogers@comcast.net or (925) 946-1645.



SAVE THE DATE: 30th Anniversary Build-A-Thon

Friday, June 17 to 21, 2016 at 8:00 a.m.

Join us in celebrating 30 years of serving the community at the 30th Anniversary Build-A-Thon. Over the five-day Build-A-Thon, hundreds of volunteers will come together to build six homes at our Muir Ridge development in Martinez. Details to come!

Volunteer At The Food Bank Of Contra Costa and Solano On April 2, 2016, 11:30 a.m. to 1:30 p.m.

If you missed out on all the fun we had the last time we went to the Food Bank and sorted and boxed a total of 4,214 pounds of food, you have another chance. We usually sort and box food, but there may be other work that needs to be done. We find out when we arrive. Space is limited, so check your calendars and sign up early. **Contact Lee Rust at chi-jocol@aol.com or (925) 820-9047** if you want to join in this worthwhile volunteer work at the Food Bank.

Serve Lunch at Glide Memorial Church in San Francisco, **May 22**. Contact **Debbie Koos** at glkoos@comcast.net to be among 23 volunteers.

Installation of Courtyard Shade

During the first few weeks of March, our courtyard will become shaded by tension structures, also known as shade sails, which have been engineered and fabricated to block up to 96% of UV and UVB rays and cool the air by up to 20 degrees. No more sweltering courtyard events!



Bill and Nancy Sabin are very generously donating these structures. Bill has been working with Bel Aire Enterprises to design the structures and he will be overseeing the **installation from March 1 through March 15**. Materials include durable UV-protected fabrics that have a guaranteed 10-year life, and quality stainless steel cables.

Questions? Contact a member of the Board of Trustees or Chairman Mark Miller at onthemark74@gmail.com.

Upcoming Mission Opportunities

WORLD

UMVIM Medical Trip to Guatemala – July 22 to 31, 2016

United Methodist Volunteers in Mission (UMVIM) will once again be forming a medical mission trip to Guatemala. Both medical and non-medical volunteers are needed. Medical background includes, physicians, nurses, pharmacists, and nutritionists. Cost of this trip is \$1800 including airfare, hotel, and meals. Flights will be into Guatemala City and then travel to Mazatenengo where the clinic will be located. Time is set aside to visit the Mayan ruins and a day in Antigua and the surrounding area.



We also need suitcases to carry medical supplies for the trip. The suitcases must have wheels and have soft sides. Carry on and checked sizes are both needed. Please drop them at the church office.

If you would like to have more information, please contact Paul Kuelz at paulkuelz@sbcglobal.net or (925) 831-3128.

Other Global-Scale Opportunities:

Interfaith SRV Refugee Task Force is looking for a volunteer from our church to be part of their discussion. Meetings are held once a month, evenings, and rotate around the Tri-Valley faith communities. **Contact Tom Kring (current board member), 968-0605, tkring@comcast.net, or Paul Kuelz, 831-3128, paulkuelz@sbcglobal.net.**

Haiti Mission Trips: August 29 through September 6 and September 7 to 17. The August and September mission is for education and support. We will be working with teachers and community members. Cost is \$600 plus airfare. **Contact Warren McGuffin for more information, warren@mcguffin.com.**



MINISTERIAL STAFF SCHEDULE

Ron Dunn, Lead Pastor

Tuesday – Friday and Sunday. Mondays off.

Sunny Ahn, Pastor

Monday – Thursday and Sunday. Fridays off.

Luke Ham, Associate Pastor & Youth Director

Tuesday – Friday & Sunday. Mondays off.

Stephanie Ham, Director of Children's Ministries

Monday – Thursday and Sunday. Fridays off.

Kathleen Saghafi, Director of Membership & Mission

Office hours vary; contact by cell: 565-3183

OFFICE STAFF HOURS

(Note: Church Office is closed for lunch from 12–1 p.m.)

Shannon Dever, Office Manager, Accounts Receivable, Membership Secretary

Monday – Friday, 8:30 a.m. – 4:30 p.m.

Marilyn Clarke, Facilities & Purchasing Manager

Monday, Tuesday, Thursday, Friday, 8:30 a.m. – 4:30 p.m. Wednesdays off.

Coreen Janes, Finance Administrator

Monday – Friday, 9:00 a.m. – 3:00 p.m.

Linda Green, Communications Manager

Office hours vary; contact by cell: 683-7444

The Great Decisions of Our Age

What are the great global decisions facing the U.S.? Starting on Sunday, April 10, after the first service, our church will hold a series of six discussions on critical global issues using a guide prepared by the Foreign Affairs Association. As part of an annual, nationwide program, groups of concerned citizens throughout the U.S. will discuss why the issues are important and why we should be concerned. *The facilitator will be Lyn Arscott. We will use a written guide and a DVD.*

April 10 — The Rise of Isis

Born out of an umbrella organization of al-Qaeda in Iraq, the Islamic State in Iraq and Syria (ISIS) burst onto the international stage after it conquered Fallujah in December 2013. Since then, the group has seized control of a number of critical strongholds in both countries and declared itself a caliphate. Still, the question remains: what is ISIS, and what danger does it pose to U.S. interests?

April 17 — International Migration

As a record number of migrants cross the Mediterranean Sea, seeking refuge in Europe, the continent is struggling to come up with an adequate response. Although Europe's refugees are largely fleeing conflicts in Syria, Iraq and parts of Africa, their struggle is hardly unique. Today, with the number of displaced people at an all-time high, a number of world powers find themselves facing a difficult question: how can they balance border security with humanitarian concerns? More importantly, what can they do to resolve these crises to limit the number of displaced persons?

April 24 — Korean Choices

At the end of World War II, Korea was divided. The northern half of the Korean peninsula was occupied by the Soviet Union, the southern by the United States. Today, North and South Korea couldn't be further apart. The North is underdeveloped, impoverished and ruled by a corrupt, authoritarian regime, while the South advanced rapidly to become one of the most developed countries in the world. With such a wide gap, some are asking if unification is possible, even desirable, anymore?

May 1 — The United Nations Post- 2015

On the eve of the international organization's 70th birthday, the United Nations stands at a crossroads. This year marks a halfway point in the organization's global effort to eradicate poverty, hunger and discrimination, as well as ensure justice and dignity for all peoples. But as the U.N.'s 193 member states look back at the success of the millennium development goals, they also must assess their needs for its sustainable development goals — a new series of benchmarks, which are set to expire in 2030. With the appointment of the ninth secretary-general in the near future as well, the next U.S. president is bound to have quite a lot on his or her plate going into office.

May 8 — Climate Geopolitics

In the past few years, the American public has become more aware of the damage wrought by climate change. From droughts in the west to extreme weather in the east, a rapidly changing climate has already made its footprint in the United States. Now, it is expected that the presidential election in 2016 will be one of the first to place an emphasis on these environmental changes. What can the next president do to stymie this environmental crisis? And is it too late for these efforts to be effective?

May 15 — Cuba and the U.S.

The U.S. announced in December 17, 2014, that after decades of isolation, it would be taking major steps to normalize relations with Cuba, its neighbor to the south. The announcement marked a dramatic shift away from a policy that has its roots in one of the darkest moments of the Cold War — the Cuban missile crisis. Although the U.S. trade embargo is unlikely to end any time soon, American and Cuban leaders today are trying to bring a relationship once defined by antithetical ideologies into the 21st century.

Brea UMC: Small Congregation with Big Hearts

Every President's Day weekend, the students from SRVUMC make the trek down to Southern California for our annual "pilgrimage" to Disneyland. This year we had 45 students and 10 adults attend the trip. While highlights always include Space Mountain, taking a picture with Mickey Mouse and waiting 15 minutes in line for the best tasting churro on the face of the Earth, there is one thing in particular that resonates with me each year we go: Brea United Methodist Church.

Brea UMC is a small congregation in Orange County about 15 minutes from Disneyland. For the past three years, it has been our home for the weekend. When we worship with Brea UMC on Sunday morning we double (if not triple) their attendance for that week's service. However, even with their lower worship attendance, I have rarely come across a church that is as hospitable as they are. From leaving out cookies and snacks for us to the men's group cooking us a pancake breakfast, Brea UMC goes out of their way to make us feel welcomed. Even though we arrive at 11 p.m. on Friday night, there is always someone to meet us there with a key to the door and a smile. They even move their SPRC and Finance meetings for us because we take up all of their space. The church literally does everything they can to make us comfortable and expects nothing in return. What a joy it is to be in connection with such wonderful Methodists!

I write these words because I am incredible thankful to the people of Brea UMC and hope we can be inspired by their radical hospitality.

-Pastor Luke



Our youth in front of Brea UMC on Feb 15, 2016.

SAVE THE DATE!

Join us for our Annual Egg Hunt and Brunch on Sunday **March 20th after the 10:45 am service** in Wesley. Please bring a dish to share for your family +2 for our potluck style brunch. Kids of all ages will enjoy an egg hunt!

Six colorful Easter eggs in a row, each with a different pattern of stripes and polka dots, set against a background of green grass.

SUNDAY SCHOOL WILL ONLY TAKE PLACE AT 10:45 am

Ground Broken for ARC

January 31, 2016

A groundbreaking ceremony for the **Athletic & Recreation Center (ARC)** was held on **January 31** between worship services. Pastor Ron led a prayer of consecration and the Living Waters Singers provided musical background as shovels hit the dirt. Multiple age groups were represented by the designated groundbreakers since ARC will provide a place for athletic play for all ages.

The permit to begin construction of ARC was issued in December, following over three years of negotiations with Contra Costa County and neighbors. Lyn Arscott, Chairman of the ARC Building Committee, said that the gift of this building will provide an important link with the community and become a vibrant part of our church. He thanked the donor family for making this project a reality and noted that the donors wish to remain anonymous.

Construction is scheduled to start on February 15, 2016. The parking lot will be temporarily reduced by almost 40% so carpools, handicapped persons, and persons with limited mobility are encouraged to park in the lot while others should consider parking on La Gonda Drive or at Hap Magee Park.



Rebecca Ten Elshof, Amanda Lin, Jackson Ludlam, Joyce Kayser and Lyn Arscott officially break the ground.



Children help dig a deeper hole.



*Right: Pastor Ron Dunn.
Below: Jim Burk, Chairman
of the ARC Marketing & Operations Committee, laughs
with Anne Burk.*



*John Clawson, Contractor, with Lyn Arscott, Chairman of the
ARC Building Committee and Pastor Ron Dunn.*

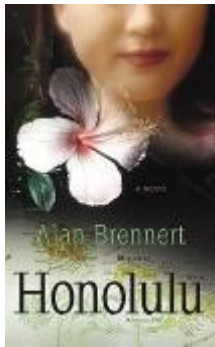


Between the Bookends



By Sally Christopherson, Librarian

“My best friend is the man who’ll get me a book I ain’t read.” That famous quote by Abraham Lincoln has been passed along that way — and also dressed up with better grammar. Either way, the sentiment is pure Lincoln, who was known for his love of reading and knowledge. And as any booklover knows, nothing is more exciting than a book you haven’t read yet, whether it’s recently published or one that’s been around for a while and you’ve just missed. That’s true of this first new book on the Book Cart this month:



Brennert, Alan.

Honolulu. While *Molokai* has consistently been one of the most frequently checked out books in our Library, *Honolulu* is brand new to us. It’s a stirring story of the Hawaiian mosaic of cultures, particularly of the Korean “picture brides” that came to Hawaii to become wives to lonely men. Alan Brennert researched this intriguing phenomenon carefully and created a story that is eye-opening and hard to put down.

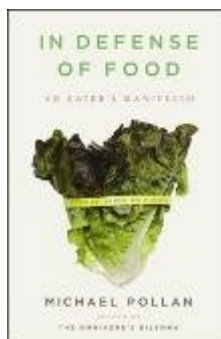
Another winner from Mr. Brennert!



Klein, Joe.

Charlie Mike. In military parlance, “Charlie Mike” means “continue the mission.” Eric Greitens is a former Navy SEAL who decided to do just that when he returned home. It meant helping wounded and traumatized veterans find peace and success in meaningful jobs. These men were highly trained and discipline and teamwork were second nature to

them. Joe Klein tells a heart-thumping story of the continuing journey of men who are too valuable to forget.



Pollan, Michael.

In Defense of Food; an Eater’s Manifesto. Have you heard of this call to healthier and more sensible eating? It was also a recent TV special program. Sugar seems to be the worst sin in our diets, but there are others, and Pollan is eloquent and kind as he urges us to clean up our

diets! “Eat food. Not too much. Mostly plants.” As we begin the new year, check out his sensible guide to better and healthier living. Many thanks to Floy Blair.



Thomas, Julie.

The Keeper of Secrets. One of the best books I’ve read in a long time! Follow the fate of a priceless Guarneri violin through the Holocaust, as it is wrenched away from its Jewish owners, saves a violinist’s life in a prison camp, and is played by a gifted woman in the Moscow Philharmonic. Here is an intriguing story of a beautiful instrument, its tortured

path, and the redeeming power of music. Many thanks to Shannon Dever.

There is no frigate like a book

To take us lands away

Nor any coursers like a page

Of prancing poetry...

—Emily Dickinson, 1830-1886

Kindness Matters Corner



To all readers: Where do you think all of these kindness stories come from? The Internet? Nope! YouTube, newspapers, magazines? You are thinking way too big. Every story is homegrown! Every one is the story from our SRVUMC family. Each is a kindness given, a kindness received, or a kindness observed in our Tri-Valley area!

Recognizing the Passion for Kindness. An adult son listened to his parents speak of their excitement and happiness as newer members of our congregation. His parents have already branched out into several committees and small groups within our church, and their passion is serving in our Kindness Korps. After he heard his parents describe the

Kindness Korps and their involvement, he gave a gift to our Memorials and Gifts Committee, specifying, "Kindness Korps," in his parent's name.

Tip of the Iceberg. The stories you read within this monthly Messenger column may be unusual and may be selected for their uniqueness. However, kindnesses are being given and received every day within our friends, congregation, and families. As your eyes move along these words, someone you know is:

- Driving someone unable to drive to church
- Giving a hug, shoulder or card to someone grieving a loss or celebrating one of life's happy moments
- Working in their kitchen, preparing a nourishing and tasty meal for one sick or disabled
- Addressing a card or letter containing sentiments of encouragement and love
- Making a phone call just to listen
- Ringing a door bell to visit

And on and on...

"Love," is every kindness. I hear the same remark as I listen to the stories of kindnesses. It goes something like this: "While I am (cooking, driving, writing, etc.), I am thinking of the person who will receive. I think of our times together, the times we've shared a laugh, the times when we have cared for one another, our common interests. It is so easy to be kind! Isn't that what we are, what we are meant to be, as we use our God-given gifts?"

You may directly share your stories of kindness to the website in this way: Send your story to kindness@srvumc.org. Your story will be posted to the church website within a few days.

Lenten Program to Aid Mobility

This year, our Lenten giving program will be a combined effort with Asbury UMC and Lynwood UMC and will focus on the **Wheelchair Foundation**. Their goal is to ship one million wheelchairs within the next five years. It is estimated that at least 100 million children, teens and adults worldwide need a wheelchair but cannot afford one. **\$150 helps purchase, ship and deliver a new wheelchair to a person in need** and supports the mission of Wheelchair Foundation. **Our goal, between the three churches, is to fill one small container or 110 wheelchairs.** Once our goal is reached, we will send a group of volunteers from our churches to deliver the chairs firsthand. For sponsoring a container, we can pick a developing country from a list of approved destinations where The Foundation already has established and successful distribution relationships. For more information and FAQ's please see the Foundations website at <http://www.wheelchairfoundation.org/about/mission>

This program will run during the Lenten Season, starting on Ash Wednesday, February 10 and run through Easter. Thank you and Blessings.

SRVUMC Mission Council



Senior Scoop

ADVENTURESOME SENIORS POTLUCK

Adventuresome Seniors get together on the first Tuesday of the month for a potluck followed by a program in Wesley Center. Bring your favorite dish or dessert to share – or just stop by the deli on your way over!

Tuesday, March 1 @ Noon

Program: “Crime Prevention for Seniors” presented by Jessica Beldsoe, Crime Prevention Specialist, Contra Costa County Sheriff’s Office.

LUNCH WITH FRIENDS

Lunch with Friends is a home-cooked, sit-down meal, served in Wesley Center on the 3rd Tuesday of the month. These lunches are the friendliest place in town!

Tuesday, March 15 @ Noon

Serving Chef John Sanders’ famous lasagna, salad, rolls and dessert.

SENIOR FAITH SHARING BOOK CLUB

Tuesday, March 15 @ 1:15 p.m.

This session we will be reading “Being Mortal” by Dr. Atul Gawande. Pastor Ron Dunn will be facilitating the discussion. Group will meet in the Library after Lunch with Friends.

“White Elephants Give Back”



Donate Your Treasures
and Support Community

“Big Event”

SALE

Drop Off Days at the Church:

Tuesday, March 1 from 1 to 8 p.m.

Wednesday, March 2 from 9 a.m. to 8 p.m.

Donate clothes and fashion articles, working electronics, housewares, toys, holiday goods, art and sporting goods. No stained, torn or broken items, please! Donations from your friends and neighbors also happily accepted!

Shop for Great Stuff!

Friday, March 4 from 9 a.m. to 7 p.m.

Saturday, March 5 from 9 a.m. to Noon

Youth, Children and Family Ministries

Music

Cherub Choir

Preschool through Grade 1
Practice Wednesday at 3:15 p.m.
Perform 3rd Sundays at 9 a.m.

Archangel Choir

Grades 2 to 5
Practice Wednesday at 3 p.m.
Perform 4th Sundays at 10:45 a.m.

Youth Choir

Grades 6 to 12
Practice Sunday at 3 p.m.
Performances TBA

Bros and Belles Choir

Grades 6 to 12
Practice Wed from 5:15 to 6 p.m.
Performances TBA

Join Us for Easter

We will not hold traditional Sunday School on Easter. We encourage children to worship with their families. Childcare is available at 8 a.m., 9:30 a.m. and 11 a.m.

Join us for children's activities in the courtyard in between services.

Luke Ham

Youth Pastor (Grades 6-12)
lham@srvumc.org
925-837-5243 ext 108

Stephanie Ham

Children and Family Ministries
(Children through Grade 5)
sham@srvumc.org
925-837-5243 ext 106

Sundays

Sunday School Topics

Kindergarten to Grade 5:

Cooperation

March 6: Whatever happens, remember how powerful God is.

March 13: Whatever happens, remember what Jesus promised.

March 20: Whatever happens, remember God is still at work.

Grades 6 to 12:

Dateable

Session 1: Why Date?

What can I do to care about you?

Session 2: Catfishing

There's a place for face to face

Session 3: Practice makes Perfect

Becoming Someone > Finding Someone

Every Sunday

9 a.m.

Traditional Worship

Sunday school meets

K-2 Grade: Lamm Hall

Grade 2 to 5: Game Room, Wesley

Grades 6 to 12: Room 202

Childcare, Children's building

10:45 a.m.

Nontraditional Worship

Confirmation meets in room 201

From 10:15 to 10:45 a.m.

Childcare for all ages available.

Calendar

March 3: High school Dinner out at 6:30 p.m.; Location TBD

March 4 to 5: Confirmation Trip to Bishops Retreat

March 17: High School Dinner Out at 6:30 p.m., Locations TBD

March 20: Easter Egg Hunt and Brunch at 11:45 a.m. in Wesley Hall

March 27: Easter

March 31: VBS 2016 Registration Opens

Stay Tuned

April 16 to 17: 30 Hour Famine for Middle and High School

April 24: Acolyte Training at 11:45 a.m.

Announcements

VBS 2016

July 11-14

We are called...

....to love

....to hope

.....to serve

....to shine the light

Registration Opens March 31.

Early Bird Special \$45 per camper

Annual Easter Egg Hunt and Brunch

March 20 at 11:45 a.m.

Bring a brunch item to share.

Weekly Programming

Middle School Youth Group (Grades 6 to 8) On Wednesday from 6 to 8 p.m.

High School Youth Group (Grades 9 to 12) On Sundays from 4 to 5:30 p.m.

High School Dinner Night Out (1st and 3rd Sundays) from 6:30 to 7:30 p.m.
See our weekly email newsletters for locations.

Among Ourselves

Health Concerns...

Vilva Robinett
Marilyn Bristow
Cary Johnson
Horace Crawford
Dave Holleman
Evelyn Garrioch

Our Christian Sympathy To...

Floy Blair and family on the death of her son, Evan on February 9.
Linda Green and family on the death of her sister, on February 1, and her brother, on February 5.
Pat Shoner and family on the death of Dick on February 2. We held a memorial time of sharing on February 17.
To the family of Del Kennedy on his recent death. There are no plans for a memorial service at this time.

Thank You...

Dear Friends,

Once again, I feel so blessed by the support and caring I've received from this congregation and our Kindness Korps — especially these last few months. From calls to cards, food to friendship, visits, errands, shopping, even a trip to see holiday lights! - you went out of your way to help and I am so blessed by your thoughtfulness. In light of the caring support and prayers I received, thank you seems like a most inadequate word — but from the bottom of my heart I offer you my thanks. I am so proud and blessed to be part of such a caring community of faith. — Jada Koonce

Continued Prayers For...

All those who continue to live with long-term illness, unemployment, life decisions, and sickness in their families: Bill Andrew; Lyn Bristow; Gene Brown; Lenore Cooper; Jeni Evans; John Evans; Brigitte Greene; Dick Greeno; Ann Hatfield; Dave & Lillian Holleman; Cary Johnson; Johnny Johnston; Del Kennedy; Daphne Kimbell; Jada Koonce; Alleen Landstrom; Margaret Matteson; Alex Maddux; Mary Ogden; Alice Reynolds; Ethel Ricker; Mike Robinett; Ann Schroeder; Pat Shoner; Carol Webb Samford; Joan Webb.

Name Tags

Please contact Shannon Dever in the church office if you need a new name tag (\$7/ea.)

April Celebrations

Birthdays



1 Steve Brown	9 Randy Helms	15 Alexis Bybel	
Julien Hansen		Ruth Rigglin	
Jim Hardy	10 Kevin Dimler	16 Judy Pearson Kobsar	Larry Henderson
2 Dave Webb	Lucy Carrico	17 Randy Durrenberger	Debbie Koos
Paul Yarmolich	Dave McWilliams	Kathi McShane	Rosemarie Place
3 Elizabeth Andrew	Sandy Yarmolich	18 Shelley Lettis	Karen Randall
4 Linda Green	11 Lisa Robinson Best	Joseph Nelson	Christina Rowland
Joanne Van Bezey	Jeff Leontini	19 Jennifer Andres	Bill Steele
5 Barbara Brick	Blaine Mucklow	Nancy Vazquez	Annette Warwick
Robert Fenton	Craig Schleicher	Robbie Whiting	25 Gloria Fenton
Jayne Schnittker	Bill Schneider	20 Bill Dastic	Jessica Kuelz
6 Lonnie Bristow	Rhona Sherrill	Eric Johnson	Donna Lindquist
Sam Colman	12 Alice Anthony	Lavonne Rodean	Kelly Ryan
Spencer Drake	Charlotte Garner (91)	Trevor Vazquez	26 Karen Brown
Taylor Munk	Jada Koonce	21 John Evans	Steve Garnick
Lee Russ	Madison Luecht	Bonnie Roberts	27 Lynne Henderson
Sarah Stribling	Katie Weeks	Lillian Scherer (94)	28 John Mitchell
7 Molly Ehlers	13 Warrie Alday	Brian Uitti	Dan Whiting
Martha Kitajima	Doug Hinzle	22 Sally Andrew	29 Jeff Koepp
Jan Knadle	Margaret Matteson (102)	Randy Christensen	Jorie Robinson
Johnathan Robinson	Bee Gee Millinich	Jill Shibuya	Shirley Stephenson
8 Nancy Benvenuto	Rosanne Ogles	23 Charles Fiedler	Vera Robinson
Jeryn Blair Smario	14 Christy Campbell	Boyd Hasik	30 Dorothy Reed
Katie Campbell	Cliff Campbell	24 Rafael Altamirano	
Trudy Pasquale	Madeline DeWalt	Jim Aude	
	Bruce Koliha		

Wedding Anniversaries

1 Deanna & Clayton Clark	8 Linda & John Green	12 Debra & Ed Chin	23 Kim & Will Maddux
3 Ginger & Warren McGuffin	Teri & Steve Hawk	Debbie & Greg Koos	24 Lael & Gerard Takiguchi
4 Amy & Mark Seaman	Sara & Jim Rossini	Deborah & Johnathan Robinson	25 Joanne & Randy Durrenberger
6 Susan & Ron Dunn	Jayne & John Schnittker (60 th)	20 Wendy & Tony Cooper (53 rd)	Kirsten & Scott Ericson
7 Jean & Chuck Desmond	11 Marilyn & George Clarke	Laurie & Terry Stocking	26 Melanie & Boyd Hasik
Kathy & Adam Kennedy	Winnie & Brad Stribling		